



After a hurricane strikes, you may need to have the ability to survive without the amenities you're accustomed to for several days. Being prepared means you have your own supply of food, water and other essentials for at least 72 hours. We've prepared a list of disaster supplies of basic items your household will be happy to have in the event of an emergency.

Basic Disaster Supplies List:

- Water: make sure you have a gallon of water per person for at least three days. Make sure you account for drinking and sanitation.
- Food: three-day supply of non-perishable food
- Battery powered/hand crank radio and NOAA Weather Radio with tone alert.
- Flashlight
- FirstAid Kit
- Extra Batteries
- Whistle to signal for help
- Dust mask to filter the contaminated air; duct tape and plastic sheeting to shelter in place.
- Garbage Bags, plastic ties and moist towelettes for personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener
- Local [paper] Maps
- Cell phone with charger and a backup battery.

In order to assemble this kit, store your items in an airtight plastic bag(s). Put your entire disaster supply kit in one or two easy-to-carry containers like bins or a duffle bag.

If you'd like to add a few additional items to your basic kit, we recommend making sure you have the following:

- Any prescription medication
- Non-prescription medication such as pain relievers, anti-diarrhea medication, antacids or laxatives
- Glasses, contact lenses and solution
- Infant formula, bottles, diapers, wipes, diaper rash cream
- Pet food and extra water for your pet
- Cash or traveler's checks



- Important family documents; copies of insurance policies, identification and bank account records saved electronically or in a waterproof, portable container
- Sleeping bags and/or warm blankets
- Change of clothing appropriate for your climate and sturdy shoes
- Household chlorine bleach and medicine dropper to disinfect water
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Paper cups, plates, paper towels and plastic utensils
- Paper and pen

It is vital that you maintain your kit after it is assembled. Keep these tips in mind as you update and store your kit:

- Keep canned food in a cool, dry place, and boxed food in a tightly closed container
- Replace expired items as needed
- As your family changes each year, be sure to update your kit accordingly.

You never know where you'll be when an emergency occurs. Be sure you're prepared at work, in your vehicle and at home:

- Home: Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members are aware of where the kit is kept.
- Work: Be prepared to shelter at work for at least 24 hours. A work kit should include food, water and other necessities like medicines, as well as comfortable walking shoes, stored in a to-go case.
- Vehicle: If you are stranded, keep a kit of emergency supplies in your car.